



**Your community
needs you!**

Someone you know may need **your support**
Become an Advocacy Friend today and be there for them

Be a
source
of
support

Know
when
someone
may need
help

Understand
how
Advocacy
works

Signpost
people to
the help
they need

advocacy
friends



Look out for your local
community, join us today!

www.advocacyfriends.org.uk