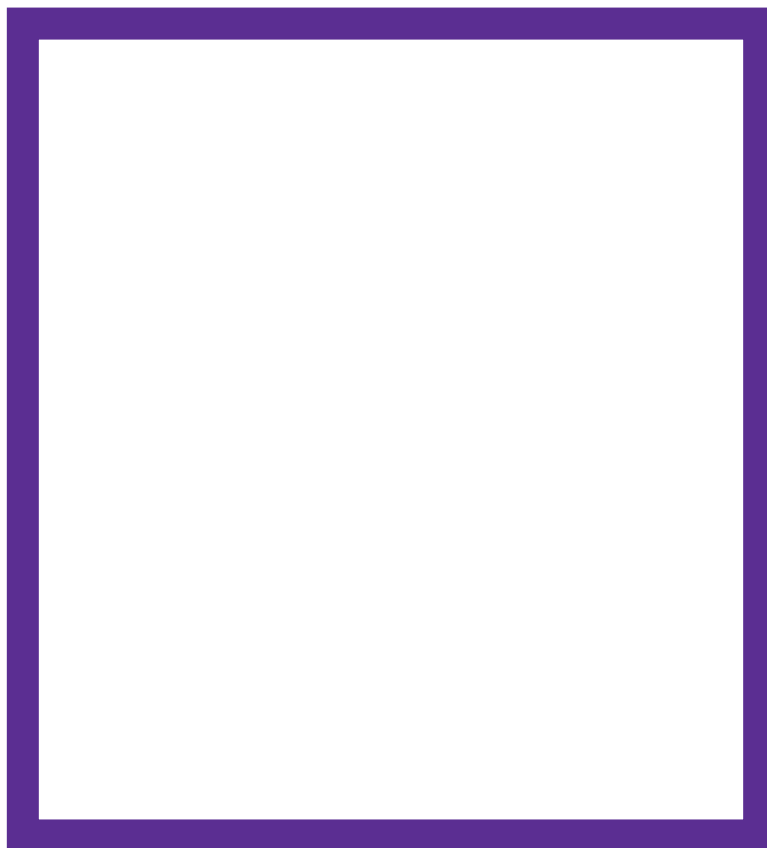


**MEET...**



MY NAME IS...

THIS BOOK WILL HELP YOU TO GET TO KNOW ME  
AND HOW I COMMUNICATE.



**I AM...**

An introduction to you as a person, make this about your personality, the things you like to do and your life.



**YOU NEED TO  
KNOW...**

What are the really important things people need to know about you, this may be to help you or other people be safe.

1.

2.

3.

4.

5.



## MY FAMILY

Tell people about your family, you only have to include people that you want to.



## MY FRIENDS

Tell people about who your friends are, if you have best friends put them at the top.



**THINGS OR PEOPLE I LIKE**

A large rectangular area defined by a dashed black border, intended for writing or drawing.



**THINGS OR PEOPLE I DON'T  
LIKE**

A large dashed rectangular box intended for writing responses to the prompt above.

## How I COMMUNICATE



Tell people how you communicate, do you use aids, pictures, tools, signs or your behaviour?



**YOU CAN HELP ME...**



Let people know what they need to do or use to help you communicate.



**DO'S AND DON'TS**

Do's

Don'ts



**IF I AM... I DO THIS...**

If I am...

I do this...

**A SPACE FOR NOTES, DRAWING OR IGNORING...**

A large, empty rectangular area defined by a dashed black border, occupying most of the page below the header box. This area is intended for users to write notes, draw, or ignore the content.