



## DO YOU NEED AN INDEPENDENT ADVOCATE?

Do you find  
things  
difficult?

looking after yourself (getting washed & dressed)

keeping your cell tidy and safe

using prison facilities, training or education

having relationships with family or friends

If YES, you are entitled to an assessment of your needs  
in prison and upon release.

Please ask your Wing Representative for a Social Care Referral



Needs Assessment

Your Social Worker will visit to decide if you  
will have 'substantial difficulty' in the  
assessment process to:

- understand relevant information
- retain information
- use or weigh up information
- communicate your views, wishes
- and feelings

If YES, you are entitled to an Independent Advocate  
to help with the assessment process.

They will support you to have a say in decisions affecting you

For free help, ask your family, friends or Social Worker to contact us:





## Do you have any concerns about your health or social care?



If so, we can help you.

**Anyone can ask for the help of an Independent Advocate.**

We can help you to raise concerns about your:

### NHS

- ✓ Doctors
- ✓ Dentists
- ✓ Health Care professionals

### Social Services:

- ✓ Social Worker
- ✓ Carers
- ✓ Package of care

## How can we help?

Your Independent Advocate will visit you in prison to discuss your concerns.

We will explain to you your options and how we will support you with each.

These include

- ✓ Informal routes
- ✓ Resolution meetings
- ✓ Formal written complaints



**Yourself, family or friends can contact us to request an Independent Advocate.**

