



Independent



Free



Confidential



**Thinking of
volunteering?**

Join our volunteer team and be a force for change.

Help
others
to live
their life

Help
yourself
to do new
things

Be part
of a
team

Learn
new
skills

Grow
your
confidence

Feel
rewarded
and be
happy

**Start your
journey with
us today !**



WANT TO JOIN US?

As part of our volunteer team, you will make a real difference in helping to support people in Lancashire, Trafford, Salford, and St. Helens.

Our expert training will provide you with the necessary skills, knowledge and confidence to support someone to know their rights, exercise their rights and to be more involved in their health and social care.

You could help our charity help by:

- Running drop-ins on mental health wards
- Supporting Advocates on visits
- Supporting young people in the care system
- Hosting focus groups
- Event and fundraising activities
- Writing complaints
- Accompanying to appointments

We would like to hear from you, if you are:

- ✓ Empathetic, compassionate and understanding
- ✓ A good communicator
- ✓ Patient, polite and respectful

Contact
us today !

“ Being a volunteer at Advocacy Focus has given me a sense of purpose and I'm a lot happier with myself. Even my family have noticed. I'm not just helping others, I'm helping myself too!

- Jon, Volunteer ”

Who we are

- We are a registered charity providing statutory advocacy to people in Lancashire, Trafford, Salford, and St. Helens.
- Our service is high quality, confidential and free
- We are independent of local authorities, the NHS and Social Care Services.



Charity Number 1086151



For more information, email or phone Nicola:

admin@advocacyfocus.org.uk



0300 323 0965