



# How an Advocate Can Help – Easy Read

Phone us on **0300 323 0965**

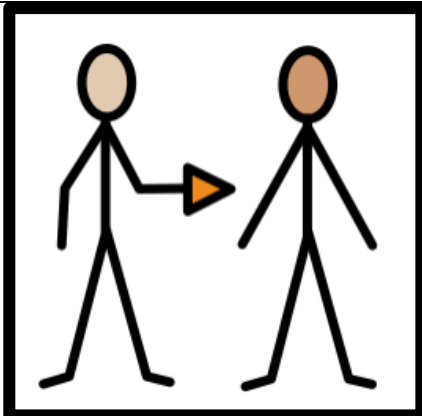
This guide has been written to meet  
the UK Easy Read Standard



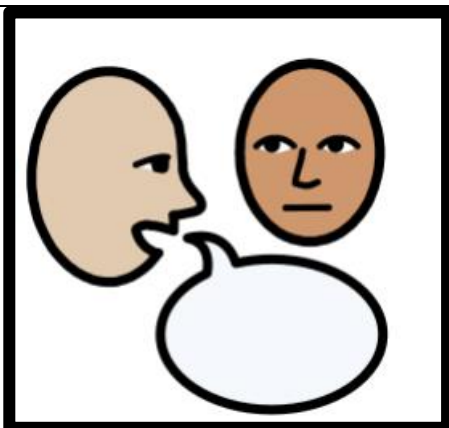
An Advocate is a person who helps you whilst you are in care. They can tell other people what you want to happen.



You may need an Advocate if you do not feel listened to.



Advocates are not part of social services. They work for you.



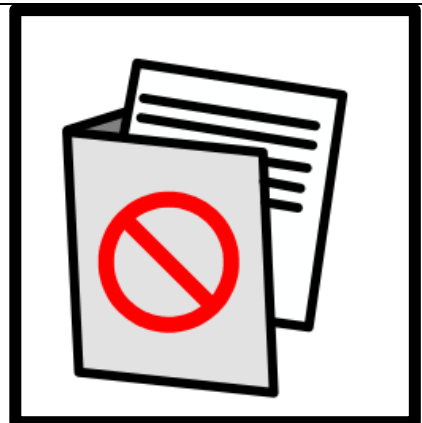
You can tell an Advocate how you feel.



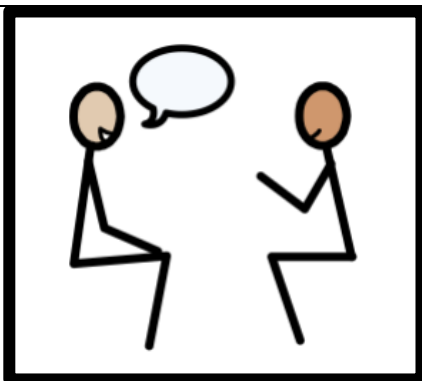
An Advocate will listen to you carefully and help you.



You can ask an Advocate anything you want to know.



An Advocate will keep what you say private. They will not tell anyone unless you say it's okay.



An Advocate will only tell someone if they think you or someone else might be in danger.



An Advocate will make sure you are part of meetings. They can go with you to meetings too.



If you would like an Advocate, you can ask your social worker or support worker to contact us. Or you can text us on 07886 744 634.